

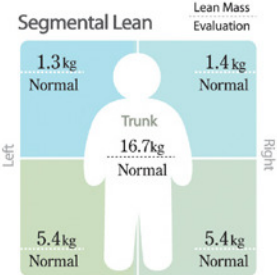
ID SKM00079-0008
Age 28

Height 160cm
Gender Female

Date 2006.6.21
Time 15:22:11

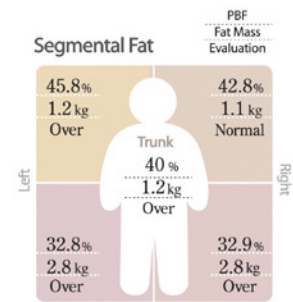
Body Composition

	Under	Normal	Over	UNITS	Normal Range
Weight					45.7 ~ 61.8
Muscle Mass Skeletal Muscle Mass					20.3 ~ 24.9
Body Fat Mass					10.8 ~ 17.2
T B W Total Body Water	25.0 kg (27.4~33.5)		F F M Fat Free Mass	34.2 kg (34.9~44.6)	



Obesity Diagnosis

	Value	Normal Range	
B M I Body Mass Index (kg/m ²)	19.9	18.5 ~ 23.0	$BMI = \frac{Weight, kg}{(Height, m)^2}$
P B F Percent Body Fat (%)	32.8	18.0 ~ 28.0	$PBF = \frac{Fat, kg}{Weight, kg} \times 100$
W H R Waist-Hip Ratio	0.81	0.70 ~ 0.80	$WHR = \frac{Waist\ circumference, cm}{Hip\ circumference, cm}$
B M R Basal Metabolic Rate (kcal)	1109	1132 ~ 1301	



Muscle-Fat Control

Muscle Control	+ 7.2 kg	Fat Control	- 4.3 kg
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Impedance

Z	RA	LA	TR	RL	LL
20kHz	476.8	514.6	31.7	324.0	324.7
100kHz	439.3	477.0	28.3	296.2	297.0

* Use your results as reference when consulting with your physician or fitness trainer.

Space for consultation notes